

Commit to a Healthy Wyoming



Wyoming Chronic Disease Conference

May 5-6, 2010

**Little America Resort
Cheyenne, Wyoming**

Conference partners: Wyoming Department of Health (WDH) Chronic Disease Section including Heart Disease and Stroke Prevention Program, Diabetes Prevention and Control Program, Cancer Surveillance Program, Comprehensive Cancer Control Program, and Breast and Cervical Cancer Early Detection Program; WDH Tobacco Prevention Program and Wyoming Through with Chew; WDH Mental Health and Substance Abuse Division; WDH Aging Division; WDH Office of Multicultural Health; Wyoming Department of Education; Wyoming State Parks, Historic Sites and Trails; Wyoming Department of Family Services; Wyoming Primary Care Association; and Cheyenne Regional Medical Center.



Wyoming
Department
of Health

Commit to your health.

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Wyoming Department of Health's Joint Conference 2010 Schedule at a glance

Wednesday - May 5, 2010

7:00-8:00	Conference registration and continental breakfast
8:00-8:30	Welcome
8:30-9:30	Plenary session I - <i>Obesity: Problem, Solution or Both?</i> - Vincent Felitti, MD
9:30-10:30	Plenary session II - <i>Developing a Chronic Disease Platform</i> - John Robitscher, MPH
10:30-10:45	Beverage break
10:45-11:45	Breakout session I
12:00- 1:30	Keynote luncheon: <i>Passive Smoking and Heart Disease</i> - Stanton Glantz, MD
1:30-2:30	Breakout session II
2:30-4:00	Break with vendors
4:00-5:00	Breakout session III
5:00-5:30	Networking/social hour
5:30-6:30	Dinner banquet

6:30-7:30



After dinner speaker
Laughter is the Best Medicine
Brad Nieder, MD

Thursday - May 6, 2010

8:00-9:00	Wyoming Association of Diabetes Educators (WyADE) Meeting
8:00-9:00	Continental breakfast
9:00-10:00	Plenary session III - <i>Blue Zones: The Secrets to Longevity</i> - Dan Buettner
10:00-11:00	Breakout session IV
11:00- 12:00	Plenary session IV - <i>Physical Activity and Nutrition in Schools</i> - Mike Miller, CSCS
12:00 noon	Boxed lunch and evaluation



Breakout Session I * Wednesday * 10:45-11:45

Environmental	Nutrition	Physical Activity and Obesity	Policy	Tobacco
<p>John Reif, DVM</p> <p><i>Emerging Environmental Chemicals and Associated Human Health Effects</i></p>	<p>Ron Guymon, PhD</p> <p><i>Mindless Eating</i></p>	<p>Domenic Bravo CPM</p> <p><i>Technology and Getting Families/ Kids Outside and Moving</i></p>	<p>Alice Burron, RN, Dian Hattel, FNP-C; Larry Hattel, MD; Jonas McKinley</p> <p><i>Exercise as Medicine</i></p>	<p>Carter Coberley, PhD</p> <p><i>Topic: Tobacco Cessation</i></p>

Breakout Session II * Wednesday * 1:30-2:30

Environmental	Nutrition	Physical Activity and Obesity	Policy	Tobacco
<p>Tim Ryan, PhD</p> <p><i>Topic: The environment and your health</i></p>	<p>Ron Guymon, PhD</p> <p><i>Mindless Eating Solution</i></p>	<p>Lita Pepion, BS</p> <p><i>Impacting Native American Health Disparities - What You Need To Know</i></p>	<p>John Robitscher, MPH</p> <p><i>A Look at the Cost and Burden of Chronic Disease in the United States and Wyoming</i></p>	<p>Vincent Felitti, MD</p> <p><i>The Impact of Early Life Trauma on Health and Disease</i></p>

Breakout Session III * Wednesday * 4:00-5:00

Environmental	Nutrition	Physical Activity and Obesity	Policy	Tobacco
<p>Hugh Mainzer, MS, DVM, Dipl. ACVPM</p> <p><i>Responsibilities, Challenges, and Opportunities for the One Health Practitioner</i></p>	<p>Robert Heaney, MD, FACP, FACN</p> <p><i>Update on Vitamin D</i> <i>Sponsored by Western Dairy Association</i></p>	<p>Jon Bailey</p> <p><i>Healthy Communities Healthy People</i></p>	<p>Annie Tegen, MPH</p> <p><i>Clean Indoor Air/FDA Regulations</i></p>	<p>Stanton Glantz, MD</p> <p><i>Smoking in the Movies</i></p>

Breakout Session IV * Thursday * 10:00-11:00

Environmental	Nutrition	Physical Activity and Obesity	Policy	Tobacco
<p>Dan Buettner <i>Blue Zones: Secrets of a Long Life</i> <i>Co-sponsored by Cheyenne Regional Medical Center</i></p>	<p>Shane Smith Director, Cheyenne Botanic Gardens <i>Growing Gardens; Growing Kids</i></p>	<p>Kristen Truman, RN, MS, ACC <i>Work – Life Balance</i></p>	<p>Representative Dan Zwonitzer, Representative Lori Millin, Senator Floyd Esquibel <i>Legislative Reaction Panel</i></p>	<p>Art Merrell, MD <i>Nicotine actions on the brain and effects on medications</i></p>



Wednesday Evening Speaker

Brad Nieder, MD

Some call him the Funny Doctor. Some call him the Phunny Physician. Still others call him Ethyl. To most, though, he's known as The Healthy Humorist®. He's Brad Nieder, MD, a hilarious doctor, speaker and comedian who entertains, inspires and enlightens audiences across the country with his unique blend of healthcare humor and wellness advice.



General Session Speakers

Vincent Felitti, MD



Dr. Felitti is a Physician with the Department of Preventive Medicine with the Southern California Permanente Medical Group. He is a member of the CDC-Kaiser Permanente Research Team; as well as a Clinical Professor of Medicine at University of California, San Diego. Dr. Felitti also served as the Principle Investigator of the Adverse Childhood Experiences (ACE) Study.

John Robitscher, MPH

Dr. Robitscher is the Executive Director of the National Association of Chronic Disease Directors (NACDD), in Atlanta, Georgia. Prior to joining NACDD, he was the Executive Director of the Henry W. Grady Foundation of the Grady Memorial Hospital. He also served as the State of Georgia Director of Rural Health. In recognition of his work for the disadvantaged, he received the Humanitarian Award from Emory University in 1992.



Stanton Glantz, MD



Dr. Glantz is a Professor of Medicine in Cardiology. He serves as the Professor of Tobacco Control for the American Legacy Foundation. He is also the Director for Tobacco Control Research and Education at the University of California's San Francisco School of Medicine. In 1985, Dr. Glantz was the Associate Producer of the award winning film entitled "Secondhand Smoke."

Dan Buettner

Dan Buettner teamed up with National Geographic and hired longevity researchers to identify pockets around the world where people were living measurably better. In these *Blue Zones* researches found people who reached age 100 at rates 10 times greater than in the United States. Teams of scientists then went to each location to try and identify lifestyle characteristics that could explain longevity.



Mike Miller, CSCS

Mike Miller is the Campbell County School District Healthy Schools Coordinator and the Physical Education Curriculum Facilitator. He also serves as the co-chair for the Wyoming Action for Health Kids (AFHK). AFHK is the nation's leading nonprofit volunteer network promoting kid wellness by partnering with schools to improve nutrition and physical activity to help kids learn to eat right, be active every day and be ready to learn.



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Conference Details



On-line registration

Registration open March 1, 2010. To register, go to:

<http://guest.cvent.com/EVENTS/Info/Summary.aspx?i=4c2b40ad-190c-427a-aa81-c15527b4e447>

Registration fees

\$120/person (\$170 after April 23) - includes breakfasts, lunches, breaks, and dinner Wednesday evening.

Vendors

Non-Profit Vendor: \$185 (\$235 after April 23) - Price includes one table and one registration fee.

For-Profit Vendor: \$250 (\$300 after April 23) - Price includes one table and one registration fee.

Lodging rates

Rooms have been reserved at Little America. Rates vary from \$89 - \$109 a night for single occupancy (excluding tax). Reservations must be made by April 23, 2010. For reservations, call (307) 775-8400 or 1-800-445-6945 and state you are with the Wyoming Department of Health's Joint Conference.

Continuing Education/Contact Hours

Applications for contact hours are in process for Physicians, Nurses, Dietitians, Pharmacists, Health Information Professionals, and Certified Tumor Registrars.

For more information:



<http://www.health.wyo.gov/phsd/heartdisease>

Dave Ivester * (307) 777-3732 * dave.ivester@health.wyo.gov